



Kneehill Community Services Directory

2020

KNEEHILL COMMUNITY SERVICES DIRECTORY 2020

The Kneehill Community Services Directory is a project of Kneehill Regional Family and Community Support Services (FCSS).

We encourage you to contact our office at 403-443-3800 or email angie@krfcss.com if information requires updating, or if your organization would like to be included in the next edition. An electronic version of the directory can be downloaded from www.krfcss.com.

Kneehill Regional FCSS and the participating municipalities maintain and strengthen the quality of life for all residents of participating municipalities by supporting volunteerism and providing preventive social initiatives and programs.

Kneehill Regional FCSS develops and supports locally driven preventive social initiatives that enhance the well-being of individuals, families and communities.

Kneehill Regional FCSS is a partnership between the provincial and municipal governments. A board made up of one elected official representative from each participating municipality administers the program by setting the direction for the program and making funding decisions. The FCSS Director and Program Assistant carry out the activities of the program and liaise with other community groups.

Kneehill Regional FCSS funds a number of Kneehill area projects and programs, including Seniors Outreach, Kneehill Community Resource Program, Kneehill Family and Marriage Counselling, and education sessions for parents, youth and service providers.

Kneehill Regional FCSS also provides a number of other services for community members:

- Information and Referral
- Grants and Funding
- Community Volunteer Income Tax Program
- Volunteer Recognition, Education and Awareness
- Community Discovery Nights
- Tools for School
- Birthday in a Box

Kneehill Regional FCSS
779 2nd St NE, Three Hills
Phone: (office) 403-443-3800 (cell) 403-443-0793
Email: shelley@krfcss.com or angie@krfcss.com
Web site: www.krfcss.com



Shelley Jackson - Berry
Angie Stewart

Kneehill Regional Family and Community Support Services (FCSS)
***Working for the municipalities of Acme, Carbon, Kneehill County, Linden,
Three Hills and Trochu***

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AGRICULTURAL SOCIETIES

ACME AND DISTRICT AGRICULTURAL SOCIETY

A community service organization stressing agricultural information. Hosts several events during the year.

Contact: Nicole Wolf, 403-828-9159
Email: acmeagsociety@gmail.com
Website: www.acmeag.ca
Meetings: As required

CARBON AND DISTRICT AGRICULTURAL SOCIETY

Contact: Brent Lohner, 403-333-9046
Email: carboncurling@gmail.com
Location: Curling Club
Address: Box 213, Carbon, AB T0M 0L0
Meetings: As required

LINDEN AND DISTRICT AGRICULTURAL SOCIETY

Mission is to provide leadership and resources to enhance the community. Sponsor events, programs and scholarships, provide financial support to other community programs, partner with local and regional businesses, governments, and organizations. Current events are Volunteer Appreciation Night, Sports Day, Fall Fair and Tradeshow, and Christmas Light Up Celebration.

Contact: Jamie Collins, 403-443-0766
Email: lindenagsociety@gmail.com
Location: Linden Care and Share Seniors Centre
Address: 1st St. SE, Linden
Meetings: 4th Thursday, 7:00 pm

THREE HILLS AND DISTRICT AGRICULTURAL SOCIETY

The Society supports the Farmers Market and promotes agricultural services and educational programs.

Contact: Michael Frolek, 403-443-7342
Location: To be announced
Address: Box 926, Three Hills, AB T0M 2A0
Meetings: As required

THREE HILLS FARMERS MARKET

Operates May to September. Tuesdays from 10:00 am - 1:00 pm. Christmas Market is held at the end of November.

Contact: Al Campbell, 403-443-9346
Email: threehillfarmersmarket@gmail.com
Location: Three Hills Curling Club

TORRINGTON AND DISTRICT AGRICULTURAL SOCIETY

Responsible for the operation of all aspects of the Torrington Arena.

Contact: Chester Block, 403-445-1743
Brent Leischner, 403-588-4003
Michael Leischner, 403-304-4555
Jeff Bauer, 403-631-2179
Arena Bookings: 403-631-2163
Email: torringtonag@gmail.com
Website: www.torringtonarena.com
Location: Ron Gorr Memorial Arena
Meetings: As required

TROCHU AND DISTRICT AGRICULTURAL SOCIETY

Contact: Nicooly Bignold, 403-396-0870
Lynnette De Beaudrap, 403-588-5826
Jaime Martel, 403-443-0635
Email: trochu.agsociety@outlook.com
Location: 239 North Rd, Trochu
Address: Box 543, Trochu, T0M 2C0
Meetings: 3rd Tuesday



4-H GROUPS

HUXLEY 4-H BEEF CLUB

The club is a beef project where participants raise calves. Anyone 9-21 years of age can join. Supports community help projects. Sale 1st Tuesday in June.

Leader: Charlotte Johnson,
Phone: 403-556-2581 or 403-555-0091
Location: Huxley Curling Rink
Address: Box 623, Wimborne, AB T0M 2G0
Meetings: 3rd Monday, 7:00 pm

KNEEHILL 4-H MULTI CLUB

Small Engines, Sewing, Explore 4-H, Photography, Cake Decorating, Scrapbooking projects and more. Come meet new friends, gain new skills and have fun.

Leader: Jody Wacowich, 403-823-0242
Location: Linden School
Meetings: 2nd Tuesday
Fee: \$140/year (other costs project dependent)

SWALWELL 4-H CLUB

More than you ever imagined! Meet new friends and learn by doing. Sale 1st Tuesday in June.

Leader: Kelli Becker, 403-546-2752
Location: Swalwell Hall
Meetings: 2nd Monday

THREE HILLS 4-H WRANGLERS

As a multi-club, explore 4-H projects such as horsemanship, rodeo, and more! Meet new friends, gain new skills and have fun.

Leader: Stacey Wilkins
Contact: 403-660-7911
Location: Linden School
Meetings: 2nd Tuesday, 7:00 pm

THREE HILLS/GHOST PINE 4-H BEEF CLUB

Helps foster responsibility and create positive lifestyles. Sale 1st Tuesday in June.

Leader: Tanner and Nicole Kubinec, 403-443-1215
Email: tnkubinec@hotmail.com
Location: Three Hills School
Meetings: 2nd Monday, 7:00 pm

CHURCHES

ACME UNITED CHURCH

Office: 403-546-3922
Location: 413 Bennett Ave., Acme
Address: Box 293, Acme, AB T0M 0A0
Email: acmeunitedchurch@gmail.com

BETHEL EVANGELICAL MISSIONARY CHURCH

Lead Pastor: Tom Peachey Jr.
Office: 403-443-7239
Fax: 403-443-2332
Location: 123 4th Ave. SE, Three Hills
Address: Box 1268, Three Hills, AB T0M 2A0
Email: churchoffice@bethel3hills.ca

BETHEL FELLOWSHIP CHURCH

Pastor: Brad and Tina Harback
Office: 403-443-7800
Location: 2 miles E, 1 mile S of Three Hills
Address: Box 807, Three Hills, AB T0M 2A0

CARBON VALLEY COMMUNITY CHURCH

Pastor: Ron Berg, 403-443-1113
Office: 403-572-3515
Location: 414 Aberdeen Ave., Carbon
Address: Box 429, Carbon, AB T0M 0L0
Email: cvcccarbon@gmail.com

CHURCH OF GOD IN CHRIST, MENNONITE

Phone: 403-546-3020
Address: Box 32, Linden, AB T0M 1J0

CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

Branch President: Gib Andruski, 403-773-2444
 Church: 403-443-2012
 Location: 749-2nd St. NE, Three Hills
 Address: Box 790, Three Hills, AB T0M 2A0

EMMANUEL BAPTIST CHURCH

Pastor: Tim Lacock
 Church: 403-924-3004
 Location: 239-17th Ave. NE, Three Hills
 Address: Box 941, Three Hills, AB T0M 2A0
 Email: ebc3hills@gmail.com

KNOX UNITED CHURCH

Minister: Carol Many Chief
 Office: 403-443-5018
 Location: 108-5th Ave. SE, Three Hills
 Address: Box 417, Three Hills, AB T0M 2A0
 Email: unitedchurchknox@gmail.com

LINDEN ALLIANCE CHURCH

Pastor: Bruce Palsky
 Associate Pastor: Jorge Santana
 Church: 403-546-3088
 Location: 614 Central Ave. W, Linden
 Address: Box 340, Linden, AB T0M 1J0
 Email: office@lindenalliance.com
 Website: www.lindenalliance.com

LINDEN MENNONITE BRETHERN CHURCH

Pastor: Kris Peters
 Associate Pastor: Carey Willis
 Office: 403-546-4485
 Address: Box 92, Linden, AB T0M 1J0
 Email: office@lindenmb.org
 Website: www.lindenmb.org

MANOR GOSPEL CHURCH

Pastor: Dan Renton
 Church: 403-443-5934
 Office: 403-443-7890
 Location: 224080 Hwy 583 (East of Three Hills)
 Address: Box 545, Three Hills, AB T0M 2A0
 Website: www.manorgospel.org

MOUNT OLIVE EVANGELICAL FREE CHURCH

Church: 403-443-7779
 Lead Pastor: Alvin Bueckert, 403-445-1542
 Location: 705-6th Ave. SE, Three Hills
 Address: Box 35, Three Hills, AB T0M 2A0
 Email: office@mountoliveefc.com
 Website: www.mountoliveefc.com

PRAIRIE TABERNACLE CONGREGATION

Office: 403-443-3020
 Location: 311 – 11 Ave. NE, Three Hills
 Address: Box 2762, Three Hills, T0M 2A0
 Email: info@prairietab.com
 Website: www.prairietab.com

ST. ANNE'S OF THE PRAIRIE CATHOLIC CHURCH

Priest: Father Adam Daniluk, 403-556-2681
 Pastoral Coord: Kay Frere, 403-442-2084
 Rectory: 403-442-3038
 Location: 421 St. Anne's Ave., Trochu
 Address: Box 415, Trochu, AB T0M 2C0
 Email: st.anne@persona.ca

ST. BARNABAS ANGLICAN CHURCH

Contact: Vernon Charter, 403-443-5992
 Reverend: Dr. James Enns, 403-443-7321
 Email: James.Enns@prairie.edu
 Address: Box 304, Three Hills, AB T0M 2A0

ST. JOHN THE DIVINE, ANGLICAN CHURCH

Contact: Maurice Buck, 403-271-5878
 Location: 215 Nolan St., Acme, AB

ST. JOHN'S LUTHERAN CHURCH

Reverend: Nicholas Wasylowich, 403-631-2375
 Office Phone: 403-631-3773
 Address: Box 448, Trochu, AB T0M 2C0

ST. JOSEPH'S ROMAN CATHOLIC CHURCH

Priest: Father Adam Daniluk, 403-556-3084
 Pastoral Coord: Kay Frere, 403-442-2084
 Rectory: 403-442-3038
 Location: 106-6th Ave. NE, Three Hills

ST. PAUL'S UNITED CHURCH

Pastor: Deborah Springer
 Office: 403-442-3858
 Location: 218 School Rd., Trochu
 Address: Box 28, Trochu, AB T0M 2C0

TRINITY LUTHERAN CHURCH TORRINGTON

Reverend: Nicholas Wasylowich, 403-631-2375
 Office: 403-631-3773
 Location: 129 Centre St., Torrington
 Address: Box 39, Torrington, AB T0M 2B0

TROCHU BAPTIST CHURCH

Reverend: Alan Powell
 Office: 403-442-4210
 Location: 210 Poplar Ave., Trochu
 Address: Box 5, Trochu, AB T0M 2C0
 Email: trochubaptist@persona.ca
 Website: www.trochubaptist.com

VICTORY CHURCH

Pastor: Daniel Bieri, 403-443-7347
 Office: 403-443-7275
 Location: 107-3rd Ave. NE, Three Hills
 Address: Box 1523, Three Hills, AB T0M 2A0
 Email: daniel.vc3.ca@gmail.com
 Website: www.vc3.ca

WIMBORNE ALLIANCE CHURCH

Pastor: Mark Goodbrand
 Office: 403-631-3792 (leave a message)
 Address: Box 605, Wimborne, AB T0M 2G0
 Location: 110 – 1st Ave., Wimborne
 Email: wimbornealliance@hotmail.com
 Website: www.wimbornealliance.com

MINISTERIALS**THREE HILLS MINISTERIAL ASSOCIATION**

Encourages cooperation and coordination in terms of church activities in the area.

Contact: Daniel Bieri, 403-443-7275
 Address: Box 1523, Three Hills, AB T0M 2A0

TROCHU MINISTERIAL ASSOCIATION

Encourages cooperation and coordination of church activities.

Contact: Deborah Springer, 403-442-3858
 Address: Box 28, Trochu, AB T0M 2C0

Kneehill Regional FCSS:
 Working with the municipalities of Acme,
 Carbon, Kneehill County, Linden,
 Three Hills and Trochu.

CULTURE AND TOURISM

CARBON AND AREA RESTORATION SOCIETY

Opens May long weekend to September long weekend. May to September open Wednesday to Saturday from 12:00 to 4:00 pm.

Farmers Exch: 403-572-2331
Location: 414 Cardoc Ave., Carbon
Address: Box 151, Carbon, AB T0M 0L0
Meetings: TBA

KNEEHILL HISTORICAL SOCIETY, MUSEUM & ACCREDITED VISITOR INFORMATION PROVIDER

Promotes the history of Kneehill County year round and operates a seasonal museum and AVIP May – September. Off-season access arranged by appointment.

President: Rosalie A. Lammle
Address: 1301-2 St. NE, Three Hills
Box 653, Three Hills, AB T0M 2A0
Phone: Museum, 403-443-2092
Off-season, 403-443-1221
Hours: Monday – Saturday 10:00 am – 5:30 pm
Sunday 1:30 – 5:30 pm
E-mail: kneehillhistoricalmuseum@gmail.com

THREE HILLS ARTS ACADEMY

Piano, Theory, Voice, Violin and Theatre Arts are offered

Contact: Chelsea Pike
Phone: 403-443-7011
Email: office@thaas.ca
Website: www.threehillsarts.com

TORRINGTON GOPHER HOLE MUSEUM AND GIFT SHOP

Open June 1st - Sept 30th.

Contact: Museum, 403-631-2133
Dianne Kurta, 403-631-3931
Website: www.gopherholemuseum.ca

TORRINGTON TOURISM ACTION SOCIETY

This group completed a tourism action plan, and works on projects within Torrington, such as the Gopher Hole Museum.

Contact: Dianne Kurta, 403-631-3931
Location: Varies
Meetings: 3rd Monday at 7:00 pm June-Sept
3rd Monday at 1:00 pm October-May
Email: torryngtontours@aol.com

TROCHU AND DISTRICT ARBORETUM SOCIETY

Trees, shrubs, flowers grown and exhibited for scientific and educational enjoyment. Open year round.

Bookings and Info: 403-442-3085
Email: arboretum@town.trochu.ab.ca

TROCHU AND DISTRICT HISTORICAL SOCIETY – TROCHU MUSEUM

Operates the Museum and tourist information area Monday to Saturday from 10:00 am to 5:00 pm, May to August, or by appointment rest of year.

President: Bill Cunningham, 403-442-4328
Museum: Toni Nelson, 403-442-2220
Meetings: 3rd Thursday at 7:30 pm
Location: 315 Arena Ave., Trochu
Fees: Membership \$10/year
Email: wilccunningham@persona.ca
trochumuseum@gmail.com



LIBRARIES

ACME MUNICIPAL LIBRARY

Librarian: Chelsea Pike, 403-546-3879
Location: Acme School, 610 Walsh Ave.
Address: Box 326, Acme, AB T0M 0A0
Hours: Tuesday/Thursday 4:00 – 8:30 pm
Wednesday 9:00 am – 12:00 pm
12:30 – 4:00 pm
Friday 9:00 am - 1:30 pm
Email: aamlibrary@marigold.ab.ca

LINDEN MUNICIPAL LIBRARY

Library Manager: Jessica Pierson, 403-546-3757
Location: Dr. Elliott School, 215 - 1st St. SE
Address: Box 120, Linden, AB T0M 1J0
Hours: Tuesday, Thursday 4:00 - 8:00 pm
Wednesday 11:00 am – 8:00 pm
Email: almlibrary@marigold.ab.ca

THREE HILLS MUNICIPAL LIBRARY

Phone: 403-443-2360
Location: 135 - 2 Ave. SE, Three Hills
Hours: Tuesday - Friday 10:00 am – 8:00 pm
Saturday 10:00 am – 3:00 pm
Closed statutory holidays and each Saturday on a long weekend
Email: athmlibrary@marigold.ab.ca
Website: www.3hillslibrary.com

TROCHU MUNICIPAL LIBRARY

Phone: 403-442-2458
Location: 317 Main St., Trochu
Address: Box 396, Trochu, AB T0M 2C0
Hours: Wednesday – Friday 10:30 am - 5:30 pm
Saturday 9:00 am – 4:00 pm
Email: atmlibrary@marigold.ab.ca
Website: www.trochulibrary.ca
Fees: \$5/year single, \$10/year families

VILLAGE OF CARBON LIBRARY

Librarian: Jay-Lynn Boutin, 403-572-3440
Location: Carbon Community Centre
Address: Box 70, Carbon, AB T0M 0L0
Hours: Tuesday 1:00 – 6:00 pm
Thursday 1:00 – 5:00 pm
Friday 1:00 - 5:00 pm
Saturday 9:00 am – 3:00 pm
(For winter hours see website.)
Email: acarmlibrary@marigold.ab.ca
Website: www.carbonlibrary.ca

CHILDCARE

ACME DAY CARE CENTRE

A licensed and accredited centre. Childcare from ages 12 months to school aged. Open Monday – Friday, 6:30 am - 6:00 pm

Director: Christina Thomas
Phone: 403-546-0028
Address: Box 131, Acme, AB, T0M 0A0
Location: 323 Clarke St., Acme, AB
Email: acmedcare@gmail.com
Website: www.acmedaycare.com

THREE HILLS CHILD CARE CENTRE AND SCHOOL AGE PROGRAM

A licensed, accredited, government subsidized Early Learning Centre governed by the Three Hills Early Childhood Society (nonprofit). All day Early Learning Preschool program with specialized Music and Art program and Childcare from newborn to Grade 6. Open Monday – Friday, 6:30 am - 6:15 pm

Director: Annette Maningas
Phone: 403-443-3740 or 403-445-1602
Location: 701-2nd St. SE, Three Hills
Email: threehillsschildcarecentre@live.ca

TROCHU VALLEY BEFORE AND AFTER SCHOOL PROGRAM

Governed by the Three Hills Early Childhood Society (nonprofit).

Director: Annette Maningas
Phone: 403-443-3740 or 403-445-1602
Location: Trochu Valley School
Email: threehillchildcarecentre@live.ca

PLAYSCHOOLS

ACME PLAYSCHOOL ASSOCIATION

Contact: Judy Bridges, 403-546-3119
Location: 620 Walsh Ave., Acme
Address: Box 385, Acme AB T0M 0A0
Classes: Tuesday/Thursday
9:00 – 11:55 am
Email: acmeplayschool@gmail.com

CARBON PRESCHOOL (3-4 YEAR OLDS)

Contact: Carbon School, 403-572-3401
Location: 240 Caradoc Ave., Carbon
Classes: Tuesday/Thursday; 8:45 am – 12:00 pm

LINDEN PLAYSCHOOL

Contact: Judy Bridges, 403-546-3119
Location: Dr. Elliott School, Linden
Address: Box 753, Linden AB T0M 1J0
Classes: Monday/Wednesday
8:15 – 11:45 am
Email: lindenplayschool@hotmail.com

PRAIRIE CHRISTIAN ACADEMY PRESCHOOL

Contact: Pat Massey, 403-443-5511
Location: 1027- 4th St. NE, Three Hills
Address: Box 2842, Three Hills, AB T0M 2A0
Classes: Tuesday/Thursday
3 yr. olds – 8:45 - 11:15 am
4 yr. olds - 1:00 - 3:30 pm
Email: pat.massey@prairie.edu

THREE HILLS PLAYSCHOOL

Contact: Randi Fenton
Location: Three Hills School
400-6th Ave. SE, Three Hills
Address: Box 1329, Three Hills, AB T0M 2A0
Classes: Tuesdays/Thursdays
9:00 – 11:30 am; 12:30 – 3:00 pm
Email: threehillplayschool@gmail.com

TORRINGTON/WIMBORNE PLAYSCHOOL

Contact: Alisa Kolenosky, 403-415-5785
Address: Box 167, Wimborne, AB T0M 2G0
Email: torringtonwimborneplayschool@gmail.com

TROCHU PLAYSCHOOL

Contact: Shawna Hogg, 403-442-2624
Location: Trochu Arena – East Access
407 Royal Way, Trochu
Address: Box 583, Trochu, AB T0M 2C0
Classes: Tuesdays/Thursdays
9:00 am - 12:00 pm
Email: trochuplayschool@gmail.com

SCHOOLS

GOLDEN HILLS SCHOOL DIVISION NO. 75

All public schools in Kneehill area are part of Golden Hills School Division #75.

Toll-Free: 1-800-320-3739 (Alberta only)
Phone: 1-403-934-5121
Fax: 403-934-5125
Location: 435 A Highway #1
Strathmore, AB T1P 1J4
Superintendent: Bevan Daverne
Website: www.ghsd75.ca

ACME SCHOOL

Grades ECS to 6 and 10 to 12. Part of the Acme, Carbon and Linden tri – campus.

Office: 403-546-3845
Principal: Kurt Ratzlaff
Location: 610 Walsh Ave., Acme
Address: Box 326, Acme, AB T0M 0A0
Email: acme@ghsd75.ca
Website: www.acmeschool.ca

CARBON SCHOOL

Pre-K to Grade 9. Part of the Acme, Carbon and Linden tri – campus.

Office: 403-572-3401
Fax: 403-572-3278
Principal: Kurt Ratzlaff
Assoc. Principal: Marci Steen
Location: 240 Caradoc Ave., Carbon
Address: Box 250, Carbon, AB T0M 0L0
Email: carbon@ghsd75.ca
Website: carbon.ghsd75.ca

DR. ELLIOTT SCHOOL (LINDEN)

ECS through Grade 9. Part of the Acme, Carbon and Linden tri – campus.

Office: 403-546-3863
Fax: 403-546-4220
Principal: Kurt Ratzlaff
Location: 215-1st St. SE, Linden
Address: Box 120, Linden, AB T0M 1J0
Website: drelliott.ghsd75.ca

PRAIRIE CHRISTIAN ACADEMY (THREE HILLS)

Grades K - 12

Office: 403-443-4220
Principal: Darryl Hern
Assoc Principal: Denise Lockhart
Location: 411 – 11 Ave NE, Three Hills
Address: Box 68, Three Hills, AB T0M 2A0
Email: pca-school@ghsd75.ca
Website: www.pca3hills.ca

THREE HILLS SCHOOL

Grades ECS to 12

Office: 403-443-5335
Fax: 403-443-2052
Principal: Todd Hoover
Assoc Principal: Greg Lendvay
Location: 400-6th Ave. SE, Three Hills
Address: Box 696, Three Hills, AB T0M 2A0
Email: threehills@ghsd75.ca
Website: www.threehillsschool.com

TROCHU VALLEY SCHOOL

Grades ECS to 12.

Office: 403-442-3872
Principal: Leana Howard
Location: 211 School Rd., Trochu
Address: Box 190, Trochu, AB T0M 2C0
Email: troval@ghsd75.ca
Website: trochuvally.ghsd75.ca

POST-SECONDARY SCHOOLS

PRAIRIE COLLEGE

Main Switchboard: 403-443-5511
President's Office: 403-443-3030
Dean's Office: 403-443-3030
Admissions: 403-443-3007
Toll Free: 1-800-661-2425
Email: info@prairie.edu
Website: www.prairie.edu

PRAIRIE AVIATION TRAINING CENTRE

Phone: 403-443-2349
Fax: 403-443-7142
Location: Three Hills Airport

ADULT EDUCATION

KNEEHILL ADULT LEARNING SOCIETY

Facilitates and coordinates community learning programs within the Kneehill County area.

Phone: 403-443-5556
Address: 409 Main St., Three Hills
Box 639, Three Hills, AB T0M 2A0
Email: admin@kals3hills.ca
Website: www.kals3hills.ca

EMERGENCY SERVICES – FIRE DEPARTMENTS

ACME FIRE DEPARTMENT - FIRE STATION 2

Fire Chief: Brian Fradgley
Phone: 403-546-3783
Location: 528 Nolan St., Acme
Address: Box 489, Acme, AB T0M 0A0
Meetings: 1st, 2nd, and 3rd Monday

CARBON FIRE DEPARTMENT - FIRE STATION 1

Fire Chief: Jody Kranzler
Phone: 403-820-2785
Location: 440 Caradoc Ave, Carbon
Address: Box 133, Carbon, AB T0M 0L0
Meetings: 1st and 3rd Tuesday

LINDEN FIRE DEPARTMENT - FIRE STATION 3

Fire Chief: Robin Boese
Phone: 403-312-0968
Location: 115 Central Ave. W, Linden
Address: Box 911, Linden, AB T0M 1J0
Meetings: 2nd and Last Tuesday

THREE HILLS FIRE DEPARTMENT - FIRE STATION 5

Fire Chief: Art Creasser
Phone: 403-443-5822
Location: 111-1st Ave. NE, Three Hills
Address: Box 610, Three Hills, AB T0M 2A0
Meetings: 1st, 3rd, and 5th Monday

TORRINGTON FIRE DEPARTMENT - FIRE STATION 4

Fire Chief: Jason Michielsen
Phone: 403-443-5541
Location: Torrington Fire Hall
Address: Box 67, Torrington, AB T0M 2B0
Meetings: 1st and 3rd Tuesday

TROCHU FIRE DEPARTMENT - FIRE STATION 6

Fire Chief: Richard Hoppins
Phone: 403-442-3085
Location: 211 Northfield Rd., Trochu
Address: Box 447, Trochu, AB T0M 2C0
Meetings: 1st and 3rd Wednesday

EMERGENCY SERVICES - RCMP

Three Hills/Trochu/Huxley/Sunnyslope- Three Hills Detachment

Office: 403-443-5539
Complaint Line: 403-443-5538
Location: 719-2nd St. N, Three Hills
Address: Box 520, Three Hills, AB T0M 2A0

Acme/Linden/Swalwell- Beiseker Detachment

Office: 403-947-3420
Complaint Line: 403-947-3496
Location: 75 North Rd., Beiseker
Address: Box 570, Beiseker, AB T0M 0G0

Carbon- Drumheller Detachment

Office: 403-823-7590
Complaint line: 403-823-2630
Location: 75 Riverside Dr. E, Drumheller
Address: Box 1030, Drumheller, AB T0J 0Y0

Torrington/Wimborne- Olds Detachment

Office: 403-556-3324
Complaint Line: 403-556-3323
Location: 5110-65th Ave., Olds, AB T4H 1L8

MUNICIPAL GOVERNMENT

KNEEHILL COUNTY OFFICE

Provides/administers rural services: water, sewer, garbage, fire, recreation, roads, planning services, and disaster services.

Phone: 403-443-5541 or 1-866-443-5541
Fax: 403-443-5115
Location: 1600 2nd St. NE, Three Hills
Address: Box 400, Three Hills, AB T0M 2A0
Email: office@kneehillcounty.com
Website: www.kneehillcounty.com
Hours: Monday – Friday, 8:30 am to 4:30 pm

THREE HILLS TOWN OFFICE

Provides/ administers municipal services: water, sewer, garbage, recycling depot, streets, fire, recreation, Three Hills Cemetery and planning services (including issuing development, building, plumbing, gas and electrical permits and processing subdivisions and Land Use Bylaw amendment applications). Provides animal control services, emergency services, regional bylaw enforcement services, tourism, and economic development. Issues business licenses, accepts payment of utility bills and taxes.

Office: 403-443-5822
Fax: 403-443-2616
Location: 232 Main St., Three Hills
Address: Box 610, Three Hills, AB T0M 2A0
Email: info@threehills.ca
Website: www.threehills.ca
Hours: Monday – Friday, 8:30 am – 4:00 pm

TROCHU TOWN OFFICE

Issues licenses and permits, accepts payment of water bills and taxes; provides information on building and development permits, garbage collection, animal control, water and sewage, fire department, street maintenance, economic development, tourism.

Office: 403-442-3085
Fax: 403-442-2528
Location: 222 Northfield Rd., Trochu
Address: Box 340, Trochu, AB T0M 2C0
Email: cao@townoftrochu.ca
Website: www.town.trochu.ab.ca
Hours: Monday - Friday
8:30 am – 12:00 pm, 1:00 – 4:00 pm

VILLAGE OF ACME OFFICE

Office: 403-546-3783
Fax: 403-546-3014
Location: 203 Clarke St., Acme
Address: Box 299, Acme, AB T0M 0A0
Email: cao@acme.ca
Website: www.acme.ca
Hours: Monday - Friday
8:00 am – 12:00 pm, 1:00 – 4:30 pm

VILLAGE OF CARBON OFFICE

Office: 403-572-3244
Fax: 403-572-3778
Location: 238 Hillside Ave., Carbon
Address: Box 249, Carbon, AB T0M 0L0
Email: office@villageofcarbon.com
Website: www.villageofcarbon.com
Hours: Monday - Friday
8:30 am – 4:30 pm

VILLAGE OF LINDEN OFFICE

Office: 403-546-3888
Fax: 403-546-2112
Location: 109 Central Ave. E., Linden
Address: Box 213, Linden, AB T0M 1J0
Email: clerk@linden.ca
Website: www.linden.ca
Hours: Monday – Friday, 8:30 am – 4:30 pm

PROVINCIAL GOVERNMENT

TOLL FREE – 310-0000

ALBERTA AG-INFO CENTRE

The Ag-Info Centre is your link to Alberta Agriculture's people, services, and programs across the province.

Phone: 403-310-FARM (3276)
Location: Stettler Provincial Building
Email: aginfocentre@gov.ab.ca
Website: www.alberta.ca/ag-info-centre.aspx

ALBERTA CULTURE AND TOURISM – COMMUNITY DEVELOPMENT

Community Development Unit Southern Region, offices located in Medicine Hat, Lethbridge and Cochrane provides facilitation, consultation and skill development in areas such as strategic planning, community collaboration and partnerships, board development, and public participation processes

Phone: 403-932-2970
Email: communitydevelopment@gov.ab.ca
Website: www.alberta.ca/community-development-unit.aspx

ALBERTA SUPPORTS – COMMUNITY AND SOCIAL SERVICES

Offers help connecting to more than 30 programs and 120 community services for: seniors, employment, homelessness, financial needs, children and youth, parents and families, people with disabilities, guardianship and trusteeship, abuse, bullying and family violence prevention.

Click.Call.Come in

Call Centre: 1-877-644-9992
Website: www.myalbertasupports.ca
Drumheller: 403-823-1616
Location: 180 Riverside Dr. E, 2nd Floor
Address: Box 2079, Drumheller, AB T0J 0Y0
Olds: 403-507-8060
Location: Ralph Klein Centre
Address: 4500-50 St., Olds AB T4H 1R6

ALBERTA JUSTICE AND SOLICITOR GENERAL

Correctional services (Acme and Linden):

Phone: 403-948-7110
Location: 112-1st Ave. NW, Airdrie, AB
(Provincial Building, Room 116)

Correctional services (Three Hills, Trochu, Carbon and Huxley):

Phone: 403-823-1664
Location: 201 Centre St., Drumheller
(Provincial Building, Main Floor)

Correctional services (Torrington):

Phone: 403-507-4553
Location: 5025-50 St., Olds, AB
Provincial Building, Room 112)

Resolution Services

Offers help for people who have a legal issue and are representing themselves

Phone: 1-855-738-4747 or 403-340-7187
Location: Red Deer Court House
Address: 4909 48th Ave., Red Deer, AB T4N3T5
Website: www.rcas.alberta.ca
Hours: Monday – Friday 8:15 am – 4:00 pm

Family Court Counsellor

Individuals wanting to file a Family Law Act application in Provincial Court or Court of Queen's Bench must see a Family Court Counsellor before filing.

Phone: 403-340-7187

Parenting After Separation

Website: <http://pas.albertacourts.ab.ca>

Family Mediation:

Phone: 403-340-7187
Website: www.alberta.ca/family-mediation.aspx

Civil Mediation:

Phone: 403-755-1437
Location: Red Deer Court House
Address: 4909 48th Ave., Red Deer, AB T4N 3T5
Hours: Monday – Friday, 8:15 am – 4:00 pm

ALBERTA LAW LIBRARIES

A provincial network of law libraries existing to provide research support and information services to the legal community, self represented litigants and all Albertans.

Website: www.lawlibrary.ca
Red Deer: Red Deer Court House
Address: 4909 48th Ave., Red Deer, AB T4N 3T5
Phone: 403-340-5499
Drumheller: Drumheller Court House
Address: 511 – 3rd Ave. W, Drumheller, AB T0J 0Y0
Phone: 403-820-7330

CENTRAL REGION CHILDREN'S SERVICES (CS)

Central Region Children's Services provide programs and services to meet the safety needs of children and families. The services and programs offered fall under the following categories:

Prevention Services – working with others to help children grow and develop to meet their fullest potential. Supports include Child Care licensing, parent education and awareness, family coaching, etc.

Early Intervention Services – meeting the identified needs of vulnerable children and families. These services include foster care, adoptions, prevention of family violence, kinship care, etc.

Intervention Services – ensuring that children are safe and well. These services are legislated under *the Child, Youth and Family Enhancement Act*. www.alberta.ca/ministry-childrens-services.aspx

Three Hills, Acme, Sunnyslope, Linden, Trochu, Torrington, Elnora, Huxley and Wimborne

Phone: 403-507-8035
Fax: 403-507-8080
Location: Health & Wellness Building
Community Learning Campus, Olds College
4500-50 St., Olds T4H 1P8
Email: hs.cenabcfesa@gov.ab.ca

Carbon and Area

Phone: 403-823-1767
Fax: 403-823-1683
Location: 2nd Floor, 180 Riverside Drive E.
Address: Box 2289, Drumheller, AB T0J 0Y0
Email: hs.cenabcfesa@gov.ab.ca

DRUMHELLER (AND AREA) HOUSING ADMINISTRATION

Direct to tenant rent supplement program is a subsidy paid directly to eligible tenants to assist with rental costs, based on income.

Phone: 403-823-2121
Location: 145 3rd Ave. W, Drumheller
Address: Box 2121, Drumheller, AB T0J 0Y0
Email: rent@2121.ca
Website: www.rentdrumheller.ca

MEMBERS OF LEGISLATIVE ASSEMBLY

Elected representative of the people in this area. If there are any issues with laws and policies affecting this province or a need for new legislation, an MLA can be contacted for assistance.

OLDS-DIDSBURY-THREE HILLS CONSTITUENCY

MLA: Nathan Cooper
Phone: 403-556-3132
Fax: 403-556-3120
Location: 4905 B-50th Ave., Olds
Address: Box 3909, Olds, AB T4H 1P6
Email: oldsdidsbury.threehills@assembly.ab.ca

OFFICE OF THE PUBLIC GUARDIAN AND TRUSTEE

The Office of the Public Guardian and Trustee (OPGT) provides the decision-making mechanisms for individuals who are unable to make personal and/or financial decisions for themselves. The OPGT does this through the *Personal Directives Act*, the *Adult Guardianship and Trusteeship Act* and the *Mental Health Act*. The OPGT also administers the personal directives registry and the registry of all court appointed guardians, trustees, and co-decision makers. Video presentations about guardianship, trusteeship, co-decision making or personal directives can be viewed on the website. In person presentations are available upon request. The OPGT also investigates complaints involving guardians, trustees, co-decision makers and agents.

Phone: 403-340-5165 or 1-877-427-4525
Address: 203, 4920-51 St.,
Red Deer, AB T4N 6K8

Website: <https://www.alberta.ca/opgt-supports.aspx>

ALBERTA HEALTH SERVICES

www.albertahealthservices.ca

24 HOUR HEALTH LINK ALBERTA

Phone: 811 or 1-866-408-5465
Website: www.myhealth.alberta.ca

24 HOUR MENTAL HEALTH HELPLINE

Phone: 1-877-303-2642

ADDICTION AND MENTAL HEALTH

Provide professional help for adults, children and their families experiencing difficulties with addictions or their mental health. Services include addiction services, one-to-one adult therapy, child and adolescent therapy, outreach services, community development and education, geriatric nurse specialist and TeleMental Health Consultations for physicians, therapists and clients engaged in therapy (i.e. psychiatry, referrals to inpatient mental health services, and referral to provincial programs such as eating disorders, forensics and diversion services, community treatment orders and concurrent disorder and/brain injury treatment).

ALL SERVICES ARE FREE AND NO REFERRAL IS NECESSARY.

Office Coverage: Three Hills, Carbon, Acme, Linden, Torrington, Trochu, Huxley, Elnora

Location: Three Hills Addiction and Mental Health Clinic - Provincial Building
Address: 128-3rd Ave. SE, Three Hills
Phone: 403-443-8532
Fax: 403-443-8541

Addiction Services: Weekly outpatient treatment services to all age individuals with, or impacted by alcohol, drug, tobacco, or gambling problems. Referrals can be made to adolescent and adult inpatient programs. Prevention/education programs are available for community and schools. Addiction Helpline: 1-866-332-2322; Tobacco Helpline: 1-866-710-7848 (QUIT) or online at www.albertaquits.ca. Tobacco Reduction/Addiction Counsellor: Martin McSween (Call the Three Hills Clinic)

Adult Short-Term Assessment and Counselling - mental health counselling to those over the age of 18.

Assertive Outreach: services for adult individuals with a chronic and persistent mental health problem.

Children and Adolescent Mental Health Assessment and Counselling: service for children and adolescents with mental health concerns and information for families.

Mental Health Hospital Liaison/Access and Early Intervention Program: Provide early intervention mental health services (e.g. crisis intervention, brief counselling, and education) to adults, children and their families and refer to other community resources as required.

Seniors Mental Health Outreach Nurse: provides assessments for adults over the age 65 with depression and dementia concerns. Referrals for this program can be made through your family doctor, homecare, long term care facility, or locum doctor.

ALBERTA HEALTH SERVICES - EMS

EMERGENCY: 9-1-1

Provides pre-hospital emergency care and transport to Kneehill residents.

Hall: 403-443-8570
Location: 504-12th Ave. NE, Three Hills



ALBERTA HEALTHY LIVING PROGRAM – CENTRAL ZONE

AHLP workshops are for Albertans interested in learning how to manage chronic conditions and live healthier. Family, friends, and caregivers are also welcome to attend. We recommend participants are: Capable of participating in group settings, able to understand basic English, and at least 18 years of age. Workshops vary by community, but in general cover: disease specific education for conditions such as diabetes, obesity, high blood pressure; general health topics such as nutrition, reducing stress and sleeping well; supervised exercise programs. Workshops are led by healthcare professionals including health educators, registered dietitians, registered nurses and exercise specialists.

Phone: 877-314-6997

BIG COUNTRY PRIMARY CARE NETWORK (PCN)

PCNs are a made-in-Alberta approach to improving access, and better coordinating healthcare for patients. In Big Country PCN, family doctors and Alberta Health Services coordinate health services care for patients. The PCN is a network of family physicians and other health providers such as nurses, dietitians, patient referral navigators and wellness coordinators who work together to provide for the healthcare needs of the population.

Location: Kneehill Medical Clinic
1520 2nd St. NE, Three Hills
Phone: 403-443-5522
Address: Box 520, Three Hills, AB T0M 2A0
Website: www.bigcountrypcn.com

CHILDREN'S REHABILITATION SERVICES

Assist children from infants through school age, who may be experiencing developmental delays. Our intake Social Workers can discuss any concerns you may have regarding your child's communication, gross motor, fine motor, feeding, sensory, gait, head shape or equipment concerns. Our therapy team consists of Speech Language Pathologists, Occupational Therapists and Physical Therapists. Our therapists work with parents to help their children be active and reach milestones within all of their environments (home, school and community). Services are voluntary and free of charge and are provided at the clinic in the Drumheller Hospital, Three Hills Hospital, and in schools. Self-referrals are accepted, as well as those from schools, physicians and other providers.

Contact: Coordinated Intake
Phone: 1-855-420-7986

DRUMHELLER HEALTH CENTRE

Services to the communities of Carbon and Drumheller. Services include acute care, continuing care, 24-hour emergency, mental health, and public health.

Phone: 403-823-6500
Fax: 403-823-5076
Address: 351-9th St. NW
Drumheller, AB T0J 0Y1

EARLY INTERVENTION PROGRAM

Provides in-home support to families of infants and children with developmental delays or disabilities from birth to 3.5 years of age. Works with families who may benefit from additional support. The EIP is free, voluntary and flexible to accommodate different goals, priorities and choice of individual families.

Phone: 403-559-2162

ELNORA COMMUNITY HEALTH CENTRE

Services to the communities of Trochu, Huxley, Torrington, Delburne, Elnora, Wimborne and Pine Lake Areas

Phone: 403-773-3636
Fax: 403-773-3949
Address: Box 659, Elnora, AB T0M 0Y0
Location: 425-8th Ave., Elnora

HEALTH PROMOTION

Working with communities through a process of enabling people to increase control over their health. Covers Kneehill County and Starland County.

Phone: 403-740-7298
Fax: 403-742-1353
Location: 5911-50th Ave, Stettler
Address: Stettler Community Health Centre
Box 550, Stettler, AB T0C 2L0

SCHOOL HEALTH & WELLNESS PROMOTION/COMPREHENSIVE SCHOOL HEALTH

Partnering with school communities to promote Healthy Eating, Active Living and Positive Mental Health for school-aged children and youth where they live, learn and play.

Contact: Christine Vokins
Health Promotion Facilitator, AHS
Phone: 403-773-2510
Fax: 403-773-3949
Cell: 403-391-1660
Address: Box 659, Elnora, AB T0M 0Y0
Email: Christine.Vokins@ahs.ca

PHYSICIANS - KNEEHILL MEDICAL CLINIC

Location: 1520 2nd St. NE, Three Hills
Address: Box 220 Three Hills, AB T0M 2A0
Hours: Monday – Friday, 9:00 am – 4:30 pm
Central Booking: 403-443-5522
Fax: 403-443-5497
Email: info@kneehillmedicalclinic.ca
Website: www.kneehillmedicalclinic.ca

PUBLIC HEALTH NUTRITION

Three Hills, Carbon, Acme, Linden, Trochu, Elnora and Drumheller.
Phone: 403-334-1857

ST. MARY'S HEALTH CARE CENTRE

Long Term Care, Spiritual Care, Meals on Wheels, Massage Therapy, Foot Care Clinic, Assisted Living/ Lodge, Lab (blood collections, ECG's, halter monitors and blood pressure monitors.

Phone: 403-442-3955
Lab: 403-442-3995 ext. 269
Hours: Monday – Friday, 8:00 am – 4:00 pm
Location: 451 deChauney Ave, Trochu
Address: Box 100, Trochu, AB T0M 2C0

THREE HILLS HEALTH CENTRE

Emergency, Medical, Obstetrics, Palliative Care, Lab/X-Ray, Dietary/ Nutrition, Long Term Care, Home Care, Mental Health, Continuing Care Counselling.

Phone: 403-443-2444
Fax: 403-443-5565
Location: 1504-2nd St. NE, Three Hills
Address: Box 340, Three Hills, AB T0M 2A0

THREE HILLS COMMUNITY HEALTH

Physiotherapy, Occupational Therapy, Respiratory Therapy, Mental Health, Continuing Care Counselling, Home Care, Speech/Language Assessment/Therapy for Children/Adults and Children's Rehabilitation Services.

Phone: 403-443-5355

THREE HILLS PUBLIC HEALTH

Well Child and Adult Immunization Clinics, International Travel Clinic, Prenatal Referral & Support, Prenatal classes (fee applies), Postnatal Follow-up and Breastfeeding Support, Post-Natal Classes, School Health, Annual Influenza Immunization, Oral Health, Adult/Senior Health, Environmental Health, Communicable Disease Control, Drinking Water Analysis, Food Industry Inspections, Early Intervention Program, Baby Steps Program.

Phone: 403-443-5355
Fax: 403-443-2207
Location: Three Hills Health Centre

Kneehill Regional FCSS:
Working with the municipalities of Acme,
Carbon, Kneehill County, Linden,
Three Hills and Trochu.

FEDERAL GOVERNMENT

CANADA POST CORPORATION

General Inquiries: 1-800-607-6301
Acme: 403-546-3092
Carbon: 403-572-3640
Linden: 403-546-2661
Three Hills: 403-443-5616
Trochu: 403-442-4220
Torrington: 403-631-3893
Wimborne: 403-631-3785

MEMBER OF PARLIAMENT BATTLE RIVER - CROWFOOT HON, DAMIEN KUREK

Address: 4945–50th St., Camrose, AB T4V 1P9
Phone: 1-800-665-4358
780-608-4600
Email: Damien.Kurek@parl.gc.ca

Service
Canada

Service Canada can help you access and get information on Government of Canada programs and services.

2020 Dates

February 6, 2020
May 7, 2020
August 6, 2020
November 5, 2020

9:30 am to 3:30 pm

Client services include:

- Social Insurance Number (SIN)
- Canada Pension Plan (CPP)
- Old Age Security (OAS)
- Guaranteed Income Supplement (GIS)
- Employment Insurance (EI)
- My Service Canada Account (MSCA)

Kneehill Regional FCSS office
779 2nd St NE
Three Hills, Alberta
403-443-3800

SERVICE CANADA

Service Canada holds office hours quarterly at the Kneehill Regional Family and Community Support Office in Three Hills. Scheduled dates for 2020 are February 6, May 7, August 6 and November 5.

Contact: 403-443-3800
Location: 779 2nd St NE, Three Hills
Website: <http://www.servicecanada.gc.ca>

Designed to improve the delivery of government programs and services to Canadians, by making access to them faster, easier, and more convenient.

General Enquiries: 1-800-622-6232 (O Canada)

Canada Pension Plan:

Retirement Pension, Post Retirement Benefit, Disability Benefits, Survivor Pension, Pension Sharing, Credit Splitting, Death Benefit, Children's Benefits.

Phone: 1-800-277-9914

Old Age Security:

Old Age Security Pension, Allowance, Allowance for the Survivor, Guaranteed Income Supplement, Old Age Security Identification Card

Phone: 1-800-277-9914

Employment Insurance:

Regular Benefits, Maternity and Parental Benefits, Sickness Benefits, Compassionate Care Benefits, Fishing Benefits, Parents of Critically Ill Children, Family Supplement

Phone: 1-800-206-7218

HELPING SERVICES AND SUPPORT GROUPS

ACCREDITED SUPPORTS TO THE COMMUNITY (ASC)

"Always Serving Community". Since 1974 ASC has provided home and community supports to children and adults with special needs and their families. This includes in-home workers who can assist a child and family with: behavioural challenges and developmental growth or a support worker for community access and respite care. Our agency provides "A Little R & R", a day camp in Three Hills for families affected by FASD, and PCAP, a program which works to support women prevent future births of alcohol and drug exposed children through helping mothers build and maintain healthy, independent family lives and assuring children are in safe and stable homes.

Phone: 1-866-556-4122
Locations: 4322-50th Ave., Olds
Bay 103-104, 95 Brent Blvd. Strathmore
44 Gateway Drive NE., Airdrie
Address: Box 3940, Olds, AB T4H 1P6
Email: main@asc-mva.ab.ca
Website: www.asc-mva.ab.ca

ALBERTA LUNG ASSOCIATION

Phone: 1-888-566-LUNG (5864)
Email: info@ab.lung.ca
Website: www.ab.lung.ca

ALZHEIMER SOCIETY OF CALGARY - OUTREACH PROGRAM

Professional dementia care education/training programs, family education series, personal support, support groups, support group facilitator training, speakers and resource material.

Toll Free: 1-877-569-HELP(4357)
Email: info@alzheimercalgary.com
Website: www.alzheimercalgary.com

ARTHRITIS SOCIETY (ALBERTA AND NWT)

Phone: 1-800-321-1433
Email: info@arthritis.ca
Website: www.arthritis.ca

CANADIAN CANCER SOCIETY

Phone: 1-888-939-3333
Email: info@cancer.ab.ca
Website: www.cancer.ca

CANADIAN RED CROSS

Short-term loans of medical equipment. First aid and Water Safety Training. Disaster Preparedness Workshops. Disaster relief services including Family Reunification and resources to meet ones basic needs.

Disaster Assist: 1-888-800-6493
Phone: 1-800-852-6187 (Calgary Office)
Address: 1305 11 Ave SW. Calgary, AB T3C 3P6
Website: www.redcross.ca

CENTRAL ALBERTA WOMEN'S EMERGENCY SHELTER

24 hour crisis counseling, temporary safe accommodations, rural outreach, and referrals to other services. Walk-in and phone-in counseling available. Public education on family violence.

Phone: 1-888-346-5643
Address: Box 561, Red Deer, AB T4N 5G1
Email: generalinfo@cawes.com
Website: www.cawes.com

CITIZENS ON PATROL

Volunteers work with local RCMP to add to the safety of the community.

Three Hills: Alex Cunningham, 403-443-5798
Linden: Flo Robinson, 403-818-4495
Carbon: Gord Arvidson, 403-820-0437

COMMUNITY CLOSET

Volunteer run nonprofit FREE shop that offers and accepts donations of new and gently used clothing, outerwear, foot wear and some baby items. Accepts donations. Open Wednesdays 9:00 am – 4:00 pm.

Contact: Dana Haller
Phone: 403-443-0870
Email: community.closet2018@gmail.com
Facebook: Community Closet Trochu and Area

COMMUNITY FUTURES WILD ROSE

Business Counselling, Loans, Community Economic Development and Small Business Training.

Phone: 403-934-8888
Toll Free: 1-888-881-9675
Location: 101, 331-3rd Ave. Strathmore
Address: Box 2159, Strathmore, AB T1P 1K2
Website: <http://wildrose.albertacf.com>

FETAL ALCOHOL SYNDROME DISORDER (FASD) WORKING GROUP (for residents of: Acme, Carbon, Linden, Three Hills, Trochu and Kneehill County)

Offer support and information to individuals who are affected by FASD, and their caregivers. We welcome anyone interested to join our meetings and seminars – front line workers, educators, and caregivers. We have educational info available for professionals and families. Call or email for meeting times. At times we view great information videos as well have sharing and discussion times. We are here to listen and support families dealing with FASD. We also bring in presenters for our information sessions. We are linked with the South Central FASD Society.

Contacts: Lori Loran, 403-854-2099 Ext.213
Valorie McCallum, 403-443-2777
Address: Box 91, Three Hills, AB T0M 2A0
Email: valorie2@eastlink.ca

FOOD BANKS

Acme/Linden Food Bank

Provide emergency relief food and supply Christmas hampers.

Acme Contacts: Peggy Price, 403-546-2473
Carol Kostrosky, 403-546-2449
Ingrid Sorenson, 403-546-2398

Linden Contact: Sonia Ens, 780-228-3255

Drumheller Salvation Army Food Bank

Phone: 403-823-2215
Location: 90 South Railway Ave W, Drumheller

Three Hills and Area Food Bank

Provide emergency relief food and supply Christmas hampers.

Phone: 403-443-1005 (please leave message)
Location: 1041 2nd St. NE, Three Hills (lane access)

Trochu and District Inter-Church Food Bank/Christmas Hampers

Phone: 403-442-3085

GOLDEN PRAIRIE PARENT LINK CENTRE

Parent Link Centres are community hubs that help make connections for parents with community resources when addressing children's development and behavioural concerns, to strengthen parenting skills or to meet with other parents. Free programming for families with children up to 6 years of age and parenting sessions designed for families with children up to 12 years of age is available. Drop-in sessions and family events are offered in various communities. Visit the website for programs and staff contacts.

Main Office: 403-443-3800
Location: 779 2nd St. NE, Three Hills
Website: www.goldenprairieplc.ca

HEALTHY FAMILIES

Program through Family Services of Central Alberta serving Trochu, Delburne, Elnora, Pine Lakes and surrounding areas. Healthy Families is a voluntary, no fee program that offers in-home visitation to parents with new babies. After a review of the family's situation, home visiting may be offered. The home visitor will provide connections to family literacy activities and general parenting information. Each family receives service based on their individual needs and interests.

Office: 403-309-8201
Fax: 403-358-7801
Location: 5409-50th Ave., Red Deer
Email: jschmidtke@fsca.ca
Website: www.fsca.ca

Kneehill Regional FCSS:
Working with the municipalities of Acme,
Carbon, Kneehill County, Linden,
Three Hills and Trochu.

HEALTHY FAMILIES

Program through Accredited Supports to the Community serving Three Hills, Didsbury, Carstairs, Drumheller, Hanna, Strathmore, Chestermere and surrounding areas. Trained home visitors can visit with you in your home, assisting with parenting and child development strategies. We can also help you manage other family needs and issues that impact your ability to be the parent you want to be. We will provide you with support and guidance in a non-judgmental and informative way. Call us today to find out if this free program is right for you!

Parent-Child Assistance Program (PCAP) is an intensive home visitation, relationship-based service, involving collaborative work with community resources, including such strategies as substance use treatment, planned pregnancies and parenting programs. Reducing risk by addressing the health and well-being of women and their children. Do you know someone who is pregnant or up to 6 months post-partum, has given birth to a child diagnosed with FASD, has a history/current substance use concerns and/or wants to make positive changes?

Program Coord.: Lisa Sauve
Phone: 1-866-586-0665 or 403-556-4110
Fax: 403-556-6480
Office: 4322-50th Ave., Olds AB
Address: Box 3940, Olds, AB T4H 1P6
Email: main@asc-mva.ab.ca
Website: www.asc-mva.ab.ca

HEART AND STROKE FOUNDATION

Website: www.heartandstroke.ca

HELPING HANDS HOME SUPPORT SERVICES LTD.

Offers personalized support services for seniors in their homes or in facility care. Programs developed to meet individual needs. Serves Three Hills, Drumheller, Hanna as well as Red Deer and surrounding communities.

Phone: 403-364-2476 or 403-346-7777
Email: hq.helpinghands@gmail.com
Website: www.helpinghandshomesupport.com

KNEEHILL ADDICTION RECOVERY NETWORK

Phone: 587-321-KARN (5276)
Website: www.karnonline.org

KNEEHILL COMMUNITY RESOURCE PROGRAM (KCRP)

Family Resource Workers from this program provide confidential social/emotional support to individuals and families, preventive educational programming and information/referral. This service is offered free to any resident of the Kneehill area.

Central Office

Address: Box 400, Three Hills, AB T0M 2A0
Phone: 403-443-3800

Three Hills

Contact: Yvonne Wilson
Phone: 403-443-2460
Email: ywilson@krfcss.com

Acme and Linden

Contact: Ashley Campbell
Phone: Acme 403-546-4379
Linden 403-546-2594
Email: frwsouth@krfcss.com

Trochu and Carbon

Contact: Glenn Berg
Phone: Trochu 403-443-4214
Carbon 403-572-3448
Email: gberg@krfcss.com

KNEEHILL FAMILY AND MARRIAGE COUNSELLING

This program provides counselling for Kneehill area residents who are experiencing family and/or marriage relationship challenges. This program can be accessed by contacting one of the Family Resource Workers (KCRP) or the Director of Kneehill Regional FCSS.

Phone: 403-443-3800

KNEEHILL GRANT WRITER

Can assist any non-profit group or organization in Kneehill County with the entire grant writing process, including researching, writing and reporting.

Contact: Jamie Collins, 403-442-3085
Email: grantwriter@townoftrochu.ca

KIDSPORT KNEEHILL

KidSport Kneehill is coordinated by community volunteers to assist economically disadvantaged families living in Acme, Carbon, Linden, Kneehill County, Three Hills or Trochu to access sport opportunities.

Contact: Shelley Jackson-Berry
Phone: 403-443-3800
Address: Box 416, Three Hills, AB T0M 2A0

KNEEHILL INTERAGENCY GROUP

Develops effective communication and cooperation between agencies and organizations in the Kneehill area

Contact: Kneehill Regional FCSS
Phone: 403-443-3800
Location: 779 2nd St., NE, Three Hills
Address: Box 400, Three Hills, AB T0M 2A0
Email: angie@krfcss.com

KNEEHILL REGIONAL FAMILY AND COMMUNITY SUPPORT SERVICES (FCSS)

Working for the municipalities of Acme, Carbon, Kneehill County, Linden, Three Hills and Trochu to enhance the social well-being of individuals, families and communities. Kneehill Regional FCSS provides information and referral, some direct services, and funding to not-for-profit preventive social programming services and initiatives.

Director: Shelley Jackson-Berry
Phone: 403-443-3800 or 403-443-0793
Location: 779 2nd St. NE, Three Hills
Address: Box 400, Three Hills, AB T0M 2A0
Email: shelley@krfcss.com
Website: www.krfcss.com

LENDING CUPBOARD SOCIETY OF ALBERTA

A private charity, run by volunteers and staff, that provides people of all ages in Central Alberta with new or used medical equipment for as long as they need it, at no cost and with no qualifying.

Phone: 403-356-1678
Location: #1-7803 50 Ave.
Red Deer, AB T4N 1C9
Email: contact@lendingcupboard.ca
Website: www.lendingcupboard.ca

LEGAL AID ALBERTA

Legal services for low income Albertans. Legal Aid Alberta is an independent, publicly funded, not-for-profit organization that provides a broad range of services – from information to representation – to enable Albertans to resolve their legal issues. Services include criminal, family, child welfare, youth criminal, refugee/immigration and civil.

Phone: 1-866-845-3425
Website: www.legalaid.ab.ca

LINDEN CLOTHING BANK

Contact: Carrie Penner, 403-200-2418
Flo Robinson, 403-818-4495
Location: Linden Alliance Church
614 Central Ave. W, Linden

LINDEN FURNITURE BANK

Contact: Barry Coggins, 587-888-4199

MONEY MENTORS

Money Mentors is the only Alberta-based, not-for-profit credit counselling agency. Through a number of services, we help families and individuals recover from financial crisis and move forward. From credit counselling and money coaching to retirement planning and community financial literacy, we're creating a healthier financial future for the entire province.

Phone: 1-888-294-0076
Website: www.moneymentors.ca

MS SOCIETY OF CANADA – CENTRAL AB CHAPTER

Contact: 403-346-0290
Location: 105, 4807-50th Ave. Red Deer, AB
Email: info.centralalberta@mssociety.ca

PARKINSON ASSOCIATION OF ALBERTA SUPPORT GROUPS

Contact: Client Services Coordinator, 403-346-4463
Location: Community Drop In Centre, Three Hills
Meetings: Quarterly, Call for information.

REHOBOTH CHRISTIAN MINISTRIES

Services to adults with developmental disabilities.

Phone: 403-443-2239
Location: 523 Main St. Three Hills
Address: Box 602, Three Hills, AB T0M 2A0

SELF HELP ANONYMOUS GROUPS

A variety of support groups are available for those experiencing issues with addictions, or for those being effected by anothers addiction. Al-Anon is a support group for those experiencing difficulty due to the drinking of another person. A variety of self help groups are available in the Drumheller area.

Drumheller

Phone: 403-820-7863

Three Hills

AA 403-443-7970 (Morley)
Al-Anon 403-443-7216 (Heather)
403-443-5286 (Diane)
Location: Knox United Church
108 5th Ave. S, Three Hills
Meetings: Thursdays, 8:00 pm

Elnora

AA 403-820-4784 (Nelles)
Location: St. David's Anglican Church
538-1st Ave., Elnora
Meetings: Monday, 8:30 pm

TOPS (TAKE OFF POUNDS SENSIBLY)

Three Hills

Contact: Sandra Madsen, 403-443-7278
Donna Du Bois, 403-443-5031
Meeting: Fridays, 9:00 – 10:00 am
Weigh In: 7:45 - 9:00 am
Location: Knox United Church, Three Hills

Trochu

Contact: Pam Bezanson, 403-442-2259
Meetings: Thursdays, 8:45 – 9:50 am
Weigh In: Thursdays, 8:15 – 8:45 am
Location: St. Mary's Health Care Centre

VICTIM SERVICES

Provides information, support and referral for victims of crime and tragedy – www.victimservicesalberta.com

Three Hills Detachment Area

Phone: 403-443-5539
Location: Three Hills RCMP Detachment
Address: 719-2nd St. N, Box 520
Three Hills, AB T0M 2A0
Website: www.threehillsvictimservices.ca

Drumheller Detachment Area

Big Country Victim Services Association

Phone: 403-823-4233
Location: Drumheller RCMP Detachment
75 Riverside Dr., Drumheller
Address: Box 1030, Drumheller, AB T0J 0Y0

Airdrie and District Victims Assistance Society (ADVAS)

Phone: 403-945-7290
Location: Airdrie RCMP Detachment
Address: 2 Highland Park Way NE
Airdrie, AB T4A 0R1
Website: www.airdrievictimassistance.com

Olds/Disbury/Sundre Detachment Area

Chinook Arch Victim Services Society

Phone: 1-844-828-4133
Location: Olds RCMP Detachment
Address: 5110-65th Ave., Olds, AB T4H 1L8

WELLNESS CENTRES

A variety of services are available at different centres.

Phone: Three Hills/Acme, 403-443-3345
Torrington, 403-631-3855
Torrington Library (Susan), 403-631-3700
Torrington Footcare (Joan), 403-631-3737
Acme Footcare (Mary), 403-819-1578
403-443-2128
Fax: 403-443-2128
Email: lueric@telus.net

WHEATLAND CRISIS SOCIETY

Residential services include short term shelter for individuals and families impacted by abuse, 24 hour crisis line and individual crisis counselling. WCS additionally offers outreach programs, peer support groups, early intervention (children's) program, children's outreach program, innovative court support programming and public education. All services are free and do not require a referral.

Toll-Free: 1-877-934-6634
Fax: 403-934-6661
Address: Box 2162, Strathmore, AB T1P 1K2
Email: wcs_general@wcsab.ca
Website: www.strathmoreshelter.com

SPORTS AND RECREATION

ACME AND DISTRICT GOLF CLUB

Nine-hole golf course with grass greens.

Location: NE of the Village of Acme
Address: Box 581, Acme, AB T0M 0A0
Clubhouse: 403-546-4020
Website: www.acmegolfclub.com

ACME CURLING CLUB

The rink consists of three sheets of artificial ice, button hole cameras over far away house, complete with a kitchen, lockers, a bar and two viewing areas. The space is available for curling meetings, public meetings and social functions.

President: Paul Wiebe
Phone: 403-510-9260
Address: Box 11, Acme, AB T0M 0A0
Email: paulwiebe2@gmail.com

ACME HERITAGE RACQUETBALL CLUB

One racquetball and one squash court. Also a beach volleyball and wallyball court attached to Acme School.

Contact: Albert Neufeld, 403-371-8586
Address: Box 128, Acme, AB T0M 0A0
Bookings: Nicole Wolf, 403-828-9159

ACME/LINDEN BASEBALL ASSOCIATION

There are three diamonds in Acme for baseball/ softball games, one for under age 6 only. There are two diamond in Linden for baseball/softball games.

Contact: Kelly Klassen, 403-829-8475

ACME/LINDEN SOCCER ASSOCIATION

Contact: Clinton Toews
Email: acmelindensoccer@gmail.com

ACME OUTDOOR SWIMMING POOL

Contact: 403-546-3071
Village Office, 403-546-3783

ACME OUTDOOR SKATING RINK

Contact: Village Office, 403-546-3783

CARBON CENTENNIAL SWIMMING POOL

Open May to August.

Phone: Village Office, 403-572-3244
Pool, 403-572-0006
Address: 235 Caradoc Ave, Carbon

CARBON CURLING CLUB

Contact: Brent Lohner, 403-333-9046
Location: 237 Caradoc Ave, Carbon
Email: carboncurling@gmail.com

CARBON MINOR BASEBALL ASSOCIATION

Contact: Dannel Barnes, 403-334-0200
Email: dannel1@telus.net

CARBON MINOR SOCCER ASSOCIATION

Runs April through June. Ages 5 and up

Contact: Emma Fisher, 403-572-3894
Address: Box 465, Carbon, AB T0M 0L0
Email: talktoemma@gmail.com

DANCE CELEBRATION

Dance instruction for ages 3 to adult.

Contact: Ashley Savage, 403-445-1785
Email: 3hillsdancecelebration@gmail.com
Website: www.threehillsdancecelebration.com

DRUMHELLER COMMUNITY FOOTBALL ASSOCIATION

Contact: Holly Laffin, 403-572-3838
Address: Box 2374, Drumheller AB T0J 0Y0
Email: gizmow@hotmail.com

GENESIS BIKE AND BOARD SKATE PARK

BMX and skateboard club.

Contact: AJ Walker
Phone: 403-443-5911 (daytime) Sharon Wiebe
403-425-0007 (evenings and weekends)

GHOST PINE ATHLETIC (THREE HILLS-RURAL)

This club is a baseball organization.

Contact: Ted Kubinec, 403-443-7358

HILLSIDE LANES BOWLING SOCIETY

5 pin, six lanes with glow bowling. Computerized scoring. Public bowling, kids bowling, leagues (youth and adults) and parties.

Contact: Deb Watson
Address: 207 Main St., Three Hills, AB
Phone: 403-443-2003

KNEEHILL BOW HUNTERS

Welcomes all ages & skill levels, with bows available for use. Wear a sweater.

Contact: Bill Gustafson, 403-443-7463
Location: Trochu Community Centre Basement
Meetings: Wednesday, 7:00 pm
December – May long weekend
Fees: \$35/year

KNEEHILL LACROSSE ASSOCIATION

Email: kneehilllacrosse@gmail.com
Website: www.kneehilllacrosse.com

KNEEHILL MINOR HOCKEY

All age groups welcome (4-17 years).

Contact: Ryan Dettmer, 403-586-6292
Email: kneehillpresident@gmail.com
Locations: Three Hills Arena, 202-3rd Ave. NE
Trochu Arena, 407 Royal Way

KNEEHILL FUNTEAM POND HOCKEY

All age groups welcome (5 – 18 years)

Contact: Bill Brisbin, 403-443-7096

KNEEHILL MIXED SLO-PITCH LEAGUE

Contact: Randi Fenton, 403-585-0160

THREE HILLS KARATE

Contact: Dawn Kinsey, 403-443-1193

THREE HILLS AMATEUR RADIO CLUB

An amateur ham radio group for all ages.

Contact: Al Atkinson, 403-443-7380

THREE HILLS AQUATIC CENTRE

Town of Three Hills Recreation Department operates this indoor pool, waterslide and weight/exercise room. Variety of programs offered such as "Parent and Tots" and "Aqasize". Schedules available at pool or online.

Pool: 403-443-2111 (Schedule line)
Office: 403-443-2166
Fax: 403-443-2616
Location: 221 4th Ave. NE
Address: Box 610, Three Hills, AB T0M 2A0
Email: pool@threehills.ca
Website: www.threehills.ca/pool

THREE HILLS CURLING CLUB

Operated by volunteer board. Curling and Bonspiels occur from November 1st to March 15th.

Contact: Deena Arvidson, 403-443-0631
Location: 218-3rd Ave. NE, Three Hills
Email: threehillscurlingclub@gmail.com

THREE HILLS FIGURE SKATING

President: Susan Cullum, 403-443-1021
Location: Three Hills Arena
202-3rd Ave. NE
Address: Box 1383, Three Hills, AB T0M 2A0
Email: 3hillsskatingclub@gmail.com

THREE HILLS GOLF CLUB

Ladies, Seniors, Juniors, Mens.

Contact: Aaron Tullikopf
Clubhouse: 403-443-5065
Email: threehillsgolfclub@gmail.com
Website: www.threehillsgolfclub.ca/central

THREE HILLS GYMNASTICS CLUB

Contact: Nicole Wiart, 403-820-2557
Location: Three Hills Community Centre

THREE HILLS MINOR BALL

Email: three.hills.minor.ball@gmail.com

THREE HILLS NEONS SWIM CLUB

Non-competitive swim club with coaches.

Contact: Sonja Farrell, 403-443-7165
Location: Three Hills Aquatic Centre
Email: threehillsneons@gmail.com

THREE HILLS SOCCER ASSOCIATION

Website: www.threehillssoccer.ca

THREE HILLS STREET FREAKS CAR CLUB

Contact: Brian Creasser, 403-443-1177
Email: bgcreasser@hotmail.com
Website: www.threehillsstreefreaks.com

TORRINGTON ARENA (RON GORR MEMORIAL ARENA)

Open from October to March.

Contact: Torrington and District Ag Society
Arena: 403-631-2163

TORRINGTON CURLING CLUB

Contact: 403-631-2163
Location: Torrington Arena

TROCHU DANCE TROUPE

Instruction in Tap, Jazz, Highland, Modern and Ballet. Ages 4 to adult are welcome.

Email: office@trochudancetroupe.com
Website: www.trochudancetroupe.com

TROCHU GOLF AND COUNTRY CLUB

This excellent course features 9 holes, grass greens, a licensed clubhouse, camping and full tournament facilities. Public Welcome! Open April - October

Phone: 403-442-2747
Location: 101 Devilder Ave.
Email: trochugolfandcountry@hotmail.com
Website: www.trochugolf.com

TROCHU GUN CLUB

Target practice and trap shooting. Must be a resident of Kneehill County.

Contact: Gord and Deb Ruddell, 403-442-4236
Meetings: Monday, 7:00 pm
Location: Trochu Hall basement
Fees: \$50/year (includes insurance)

TROCHU POTTERY CLUB

Contact: Thelma Enzie, 403-442-2541
Location: Trochu Hall Basement

COMMUNITY HALLS AND CENTRES

ACME COMMUNITY CENTRE

Available for social functions, meetings, and hall rentals.

Booking: Village Office, 403-546-3783
Address: Box 299, Acme, AB T0M 0A0
Location: 139 Allison St, Acme AB
Meetings: 3-4 times/year plus
Annual meeting

CARBON COMMUNITY HALL

Bookings: Village Office, 403-572-3244
Address: Box 476, Carbon, AB T0M 0L0
Location: 718 Glengarry St, Carbon, AB
Meetings: 3rd Wednesday

HESKETH COMMUNITY HALL

Contact: Susan Berdahl, 403-572-3554
Address: Box 476, Carbon, AB T0M 0L0

HUXLEY COMMUNITY HALL

Contact: Tracey Fetterley, 403-443-1656
Location: 205 Main St.
Address: Box 50, Huxley, AB T0M 0Z0

LINDEN CULTURAL CENTRE

Multipurpose centre that can be used for almost any occasion and is a joint use facility between school and village

Contact: Village of Linden, 403-546-3888
Address: 215 – 1st St. SE (beside Dr. Elliott School)

MOUNT VERNON COMMUNITY HALL

Contact: Greg Andrews
Phone: 403-443-3296

ORKNEY COMMUNITY HALL

Contact: Crystal Ferguson
Phone: 403-823-9283 or 403-823-0764

SUNNYSLOPE COMMUNITY CENTRE

Available for social functions, large camp outs, meetings, and hall rentals.

Contact: Earl Jeninga, 403-333-9702

SWALWELL COMMUNITY HALL

The centre is available for rental with dry camping in the summer and indoor ice surface in the winter.

Bookings: Jenny Scott, 403-443-8303

THREE HILLS MEMORIAL CENTRE

Bookings: 403-443-5822
Email: facility.rentals@threehills.ca
Location: 212 Main St., Three Hills

THREE HILLS RURAL COMMUNITY CENTRE

Contact: Diane Beeton, 403-443-7770
Sec/Treasurer: Tanya Park, 403-443-7471

TORRINGTON COMMUNITY CENTRE

The Centre is available for various functions and hosts a bingo every other Thursday.

Contact: Ruth Russell, 403-631-3932

TROCHU & DISTRICT COMMUNITY CENTRE

Contact: Generoso Gozo, 403-506-8581
Address: Box 812, Trochu, AB T0M 2C0
Location: 215 Northfield Rd
Website: <https://trochuhall.weebly.com/>

WIMBORNE COMMUNITY CENTRE

Contact: Owen Zarazun
Address: Box 666, Wimborne, AB T0M 2G0
Email: wimborne.community@gmail.com

SERVICE ASSOCIATIONS – VOLUNTEER

BENEVOLENT PROTECTIVE ORDER OF ELKS

A fraternal organization and service club whose prime goal is community service. Any male over 16 years of age may join. Support many worthwhile community projects through casino and local fundraisers. www.elks Alberta.ca

Acme Branch

Exalted Ruler: Jim Northcott, 403-700-3465
Secretary: Douglas Miller, 403-650-6086
Meetings: Last Tuesday, 7:30 pm
Location: Acme Community Centre
Address: Box 371, Acme T0M 0A0

Three Hills Branch

Exalted Ruler: Mike Reynolds Sr., 403-443-3465
Secretary: Greg Rosgen, 403-443-3707
Meetings: 3rd Tuesday, 8:00 pm
Location: Three Hills Community Centre
Address: Box 93, Three Hills, AB T0M 2A0
Email: threehillselks190@gmail.com

Trochu Branch

Exalted Ruler: Paul Frere, 403-442-2685
Contact: John Hoppins, 403-442-2572
Meetings: 1st Tuesday, 8:00 pm
Location: Trochu Community Centre
Address: RR2, Trochu, AB T0M 2C0
Fees: \$55/year

FRIENDS OF TRO-VAL SOCIETY

These community members support Trochu Valley School.
Contact: Kevin Hoppins, 403-442-2012

HUXLEY COMMUNITY ASSOCIATION

Represent the community, organize dances and manage the curling rink and community hall.

Contact: Jason Morgan, 403-442-2234

KNIGHTS OF COLUMBUS

This is a charitable Catholic Men's Organization that raises money for social needs.

Contact: Kevin Kubinec, 403-442-2453
Joe Kubinec, 403-443-5653
Meetings: 4th Tuesday, 8:00 pm, except in July, August & December
Location: St. Joseph's Catholic Church
109-6 Ave. N, Three Hills

LIONS CLUB

Carbon Lions Club

Donates to causes such as schools, 4-H, STARS.

Contact: Terry Reed, 403-572-3626
Meetings: 2nd and 4th Wednesday, 7:00 pm
Location: Carbon Community Hall
Address: Box 392, Carbon, AB T0M 0L0

Torrington Lions Club

The club supports S.T.A.R.S., the Eye Bank, minor sports, seniors' complex and other projects.

Contact: Marvin Bauer, 403-631-2461
Meetings: 2nd Tuesday, 8:00 pm
Location: Ron Gorr Memorial Arena

Trochu Lions Club

The club does fund-raising for community needs.

Contact: Ron Kletke, 403-442-3061
Meetings: 2nd and 4th Monday
Location: Eye In The Sky at the Fairgrounds
Address: Box 681, Trochu, AB T0M 2C0

MASONIC LODGE (ACME)

Community donations and school scholarships.

Contact: Phil Johnson, 403-443-7069
Secretary: Robert Park, 403-443-0145
Meetings: 3rd Thursday, 7:30 pm
Location: Acme Community Hall
Address: Box 1186, Three Hills, AB T0M 2A0

PRAIRIE ROSE REBEKAH LODGE (ACME)

Prairie Rose Rebekah Lodge is open to men and women. This organization sponsors eye research and a public speaking contest for students. The winner gets an expense paid trip to United Nations in New York. Raise funds with monthly soup and sandwich meal, and operate a casino every 3 years. They do a barbeque once a year for Linden nursing home. Donates to local groups in the Acme area.

Contact: Doug Barnard, 403-546-2536
Meetings: 2nd and 4th Monday, 7:30 pm
Location: Acme Community Centre
Address: Box 322, Acme, AB T0M 0A0

RED HAT SOCIETY

The Happy Hillians of Kneehill County is a ladies over 50 fun social group. Must be prepared to wear a red hat and purple clothes, and endure laughter. Monthly gatherings throughout Kneehill County where there are members from Torrington, Trochu, Three Hills, Carbon, Acme and Linden.

Contact: Donna Du Bois, 403-443-5031

ROYAL CANADIAN LEGION

The Legion welcomes veterans and ex-service personnel, but is open to anyone over the age of 18.

Acme Branch

Contact: 403-546-4142
Meetings: 2nd Tuesday, 7:30 pm
Location: 414 Pacific Ave, Acme Legion
Address: Box 361, Acme AB, T0M 0A0

Carbon Branch

Contact: Kim Starchuk, 403-334-3124
Meetings: 3rd Wednesday, 6:00 pm
Location: Carbon Valley Hotel
Address: Box 539, Carbon, AB T0M 0L0

Huxley Branch

Contact: Christina Hoppins, 403-358-8960
Meetings: As needed
Location: Huxley Curling Rink
Fees: \$45/year

Three Hills Branch

Contact: Doug Lorraine, 403-660-3222
Meetings: 4th Tuesday, 7:00 pm
Location: Three Hills Community Drop In Centre

Trochu Branch

Contact: Bruce Campbell, 403-442-2703
Location: Seniors Drop In Centre

ROYAL PURPLE ELKS

Acme Branch

The Acme Royal Purple Elks Lodge #103 is a member of a national, charitable organization. We support both, our communities and our national charity, the Elks and Royal Purple Fund for Children. We fundraise in a variety of creative ways so that we can donate back to our community through the volunteer efforts of our members. Our donations have supported the schools and many organizations here in our Acme-Linden community.

Contact: Vicki Thurn, 403-947-3790
Meetings: 3rd Monday
Location: Acme Community Hall
Address: Box 558, Acme AB T0M 0A0

Trochu Branch

The Trochu Royal Purple Elks Lodge #71 is a member of a national, charitable organization. Donations are made to community organizations from Casino monies.

Contact: Jean Frere, 403-442-2685
Meetings: 2nd Tuesday, 7:30 pm
Location: Trochu Community Hall
Address: Box 699, Trochu, AB T0M 2C0

ST. MARY'S HOSPITAL AUXILIARY

Raises funds to purchase equipment and supplies.

President: Isabel Whyte, 403-442-3130
Meetings: 3rd Tuesday, 7:00 pm
Location: Hospital Cafeteria
Fees: \$5/year

THREE HILLS AND DISTRICT CHAMBER OF COMMERCE

The Three Hills and District Chamber of Commerce believes that prosperous businesses are essential to a thriving community. We actively promote the interests of our members, help our local economy to flourish, and contribute to the shared life of our community.

Phone: 403-443-5345
Meetings: 3rd Thursday in January, March, May, September and November.
Address: Box 277, Three Hills, AB T0M 2A0
Email: info@threehillschamber.ca

THREE HILLS HEALTH CARE AUXILIARY

Auxiliary supports the hospital, raising funds for hospital equipment etc.

Contact: Marion Johnson, 403-443-7069
Secretary: Sharon Lee, 403-443-5767
Meetings: 3rd Tuesday, 1:00 pm
Jan, Mar, May, Sept, Nov.
Location: Three Hills Health Care Centre
1504-2nd St. N, Three Hills, AB

TROCHU BAND PARENTS SUPPORT SOCIETY

This organization supports the Trochu Valley School Band Program

President: Carrie Fobes, 403-631-2341
Band Director: Brian Vokins, 403-442-3872
Meetings: As required
Location: Trochu Valley School

TROCHU COMMUNITIES IN BLOOM

Always looking for new members for the Board or for Work Bees.

Contact: Elizabeth Hoppins, 403-442-2012
Meetings: As required
Location: Trochu Public Library

WIMBORNE LADIES COMMUNITY CLUB

Raises money through catering for community projects such as recreation groups and families in need.

Contact: Mary Mackie, 587-877-1012

WIMBORNE AND DISTRICT FISH AND GAME ASSOCIATION

Contact: Nancy Ells, 403-631-3979

SENIORS SUPPORTS AND SERVICES

ALBERTA SENIORS AND HOUSING

Provides a number of programs and services to Alberta seniors, such as information on seniors benefits, assistance programs, awareness and information about seniors and seniors activities in Alberta

Phone: 1-877-644-9992
Website: www.seniors-housing.alberta.ca

MEALS ON WHEELS

Meals are supplied at a reduced fee and local service group volunteers deliver.

Three Hills, Linden, Acme and Carbon

Contact: Seniors Outreach
Phone: 403-443-2555

Trochu

Contact: St. Mary's Health Care Centre
Phone: 403-442-3955

SENIORS OUTREACH PROGRAM

Services to seniors in the Kneehill County area include information, referral, assistance and advocacy, transportation, friendly visiting, support groups, elder abuse information and presentations, and partnerships with other agencies. Volunteers of all ages are welcome. Outreach workers in Trochu, Torrington, Carbon, Acme and Linden.

Administrator: Terry Schlinker
Phone: 1-888-443-2555 or 403-443-2555
Fax: 403-443-7755
Hours: Monday - Thursday, 9:00 am - 4:00 pm
Location: 128-3rd Ave. SE, Three Hills
Provincial Building
Address: Box 1465, Three Hills, AB T0M 2A0
Email: office@seniorso.ca
Website: www.seniorso.ca

HOUSING

KNEEHILL HOUSING CORPORATION - SENIORS

Provide affordable housing for seniors that are functionally independent with or without the assistance available through existing community based services.

Phone: 403-443-5216
CAO: Julie Miller
Lodge Manager: Janice Chalmers
Housing Coor: Donna-Lynn Ratzlaff
Location: 814-1st St. N, Three Hills
Address: Box 337, Three Hills, AB T0M 2A0
Email: info@kneehillhousing.com
Website: www.kneehillhousing.com
Golden Hills Lodge: 814-1st St. N, Three Hills
J.C. Long Memorial Court: 321-3rd St. S, Three Hills
Lynn Haven Manor: 202 Central Ave. E, Linden
Meadow Park Manor: 109 Allison St. Acme
Robertson Manor: 806-1st St. N, Three Hills
Torre Ville Manor: 100-2nd Ave. Torrington
Trochu Valley Manor: 403 Royal Way, Trochu

KNEEHILL HOUSING CORPORATION – FAMILIES

Four duplexes provide housing for 8 eligible, low-mid income families. Rent is based on income and includes heat, water, sewer and garbage.

Phone: 403-443-5216
CAO: Julie Miller
Housing Coor: Donna-Lynn Ratzlaff
Office Location: 814-1st St. N, Three Hills
Mailing Address: Box 337, Three Hills, T0M 2A0
Email: info@kneehillhousing.com
Website: www.kneehillhousing.com

LINDEN NURSING HOME (WESTVIEW CARE COMMUNITY)

Our mission is to compassionately care for the disabled and elderly.

Contact: Diane Reimer, 403-546-3966
Address: Box 220, Linden, AB T0M 1J0
Email: diane@westviewcare.ca
Website: www.westviewcare.ca

LINDEN LODGE

Provides housekeeping and food services to its residents. It is a private, not-for-profit facility..

Contact: Melody Seifert
Office: 403-546-3136
Fax: 403-546-3150
Location: 101-1st St. NE, Linden
Address: Box 150, Linden, AB T0M 1J0
Email: lindenlodgeadmin@gmail.com
Website: www.lindenlodgeab.com

ST. MARY'S LODGE (TROCHU)

28 bed facility of private and semi private rooms.

Lodge: 403-442-3955; ext 276
Address: Box 100, Trochu, AB T0M 2C0

SENIORS CENTRES

ACME SENIORS ASSOCIATION

Monthly meeting and potluck supper held on the 2nd Wednesday at 6:00 pm each month. Wheelchair accessible. Building rental for any occasion.

Phone: 403-546-2154
Address: Box 562 Acme, AB T0M 0A0
Location: 112 Main St., Acme
Hours: Tuesday 1:00 – 4:00 pm

COMMUNITY DROP IN CENTRE (THREE HILLS)

A social drop-in centre for anyone; monthly meetings, potlucks, cards, games, pool, puzzles, visiting and new friends. Available for rental.

Location: 499-3 Ave., SE, Three Hills
(Across from Tennis Courts)
Hours: Monday – Friday, 9:30 am – 12:00 pm
Seniors Outreach: 403-443-2555
Drop In Centre: 403-443-2182

DROP IN CENTRE - SENIORS (TROCHU)

Open Monday to Saturday 9:00 – 11:30 am, 2:00 – 4:30 pm.

Activities include cards and socializing.

Centre: 403-442-4212
Contact: Bruce Guard, 403-442-3989
Meetings: 4th Wednesday (Executive)
Address: Box 6, Trochu, AB T0M 2C0
Location: 313 Main St., Trochu
Fees: \$10/year

LINDEN CARE AND SHARE SENIORS CENTRE

Open Tuesday mornings for games, coffee and conversation. Potluck 3rd Thursday of every month at 5:30 pm.

Hall Rental: George Seifert, 403-875-1230
Address: Box 184, Linden, AB T0M 1J0
Location: 106 1st St. SE

NEW HORIZONS SENIORS GROUP (CARBON)

Phone: 403-572-3426
Location: 718 Glengarry St. Carbon

SILVER WILLOWS SENIOR CITIZENS SOCIETY

Members of this Torrington club meet at the Silver Willows complex for various events activities, trips and occasional potlucks. Will rent to small groups.

Contact: Joan McIntyre, 403-631-3737
Dianne Gorr, 403-442-2532
Location: 113 Centre St, Torrington

IMPORTANT NUMBERS

Family Violence Info Line: 310-1818

Child Abuse Hotline: 1-800-387-5437

Kids Help Phone: 1-800-668-6868

Wheatland Crisis Society: 1-877-934-6634

Central Alberta Women's Emergency Shelter: 1-888-346-5643

Kneehill Community Resource Program: 403-443-3800



Learn #WhereToTurn in November for Family Violence Prevention Month

Family Violence Info Line: 310-1818
alberta.ca/EndFamilyViolence





Kneehill Regional Family and Community Support Services offers a number of programs and services. For more information on any of the following programs, please contact our office at 403-443-3800, email angie@krfcss.com or go to our website at www.krfcss.com.

Information and Referral – Kneehill Regional FCSS can offer information and referrals to local and/or regional resources and supports.

Grants and Funding – Kneehill Regional FCSS provides grant dollars for community based programs and services designed to enhance the social well-being of individuals, families and/or communities. For more information regarding funding, please contact Shelley Jackson-Berry at **403-443-3800** or email shelley@krfcss.com.

Volunteer Week –National Volunteer Week takes place every year in April. Kneehill Regional FCSS supports organizations that utilize volunteers. If you are interested in participating in Volunteer Week, please contact our office.

Tools for School –Kneehill Regional FCSS coordinates the Tools for School Program. Through generous cash donations, much needed school supplies are provided to children in need in the Kneehill area. Cash donations are accepted all year, and tax receipts are available.

Community Volunteer Income Tax Program (CVITP) – Kneehill Regional FCSS coordinates the CVITP in the Kneehill area. Community volunteers prepare income tax returns for low-income individuals and families who meet the criteria. This is a program run in partnership with Canada Revenue Agency, who provides a volunteer training session coordinated by Kneehill Regional FCSS. Volunteers are available in March and April of each year to complete returns.

Community Discovery Nights – Community Discovery Nights are an opportunity for the community to learn more about resources and supports in their area, as well as register for local recreational programs. Carbon, Acme and Linden Community Discovery Nights are held in March, Three Hills in September and Trochu's Flapjack Fiesta and Community Showcase is in October. Kneehill Regional FCSS and the partnering municipalities coordinate these events in partnership. Watch www.krfcss.com for dates and locations.

Birthday in a Box – The Birthday in a Box program provides everything needed for an entire birthday celebration for a child in need. This program is accessed through Kneehill Regional FCSS in partnership with area churches.

Working with the municipalities of Acme, Carbon, Kneehill County, Linden, Three Hills and Trochu.



fountain of health

Research shows that there are five actions you can take to maximize your health and happiness, no matter what your age. Only 25% of your health is determined by genetics, which means much more is due to your outlook and lifestyle! A positive outlook on aging combined with a healthy lifestyle can help you reduce the risk of chronic illness and optimize the management of chronic conditions like depression, anxiety, diabetes, cancers, heart disease and others.



True Color Parenting

Parents will go through the True Colors Personality process and learn how to determine the Color Spectrum of each family member and the family as a whole. A better understanding of your family's personality temperament can be a springboard for developing improved parent/child relationships, better communication in the home, more meaningful family relationships and fun-filled activities for the whole family.



Stress can affect children's physical, emotional, social and intellectual well being. By participating in this workshop, parents/caregivers will learn how to recognize stress in children and identify how to help children learn to manage stress. Participants will leave the 2-hour workshop with resources and content to help their children/youth manage stress. For parents with children Preschool to Grade 9.



Promoting Mental Health in Young Children

Every parent and caregiver wants what is best for their child. Handle with Care (HWC) sessions focus on the four building blocks of positive mental health that make up the foundation of the program: Building Trust and Attachment, Expressions Emotions, Promoting and Enhancing Self-Esteem and Relationships with Others.

For more information about any of these programs call Kneehill Regional Family and Community Support Services at 403-443-3800



Volunteer Kneehill

KNEEHILL REGIONAL FAMILY AND COMMUNITY SUPPORT SERVICES (FCSS) hosts a **VOLUNTEER KNEEHILL** website. This website (www.volunteerkneehill.ca) serves volunteers and volunteer organizations in the areas of Acme, Carbon, Kneehill County, Linden, Three Hills and Trochu.

Kneehill Regional FCSS has made it a part of their mandate to support volunteers and organizations in the Kneehill area. Volunteering is vital to communities. It contributes to social cohesion and has the power to transform lives and communities. Volunteering doesn't take any special skills or extensive experience – and there's never a shortage of organizations looking for help!

LOOKING FOR VOLUNTEERS? REGISTER YOUR ORGANIZATION!

1. Go to www.volunteerkneehill.ca
2. Select the “Register” button at the top right corner of the page.
3. Complete the required information, and register your organization.
4. Once your organization has been approved, you will be able to log in and start adding your volunteer opportunities!

WANT TO VOLUNTEER?

Volunteers do not need to register on the Volunteer Kneehill website. Easily view all the available opportunities by visiting www.volunteerkneehill.ca and selecting “Opportunities” at the top of the page. If you are interested in staying updated on new opportunities, upcoming events or receiving valuable volunteer resources, subscribe to the Volunteer Kneehill mailing list!

SPONSORS



WWW.VOLUNTEERKNEEHILL.CA

