

# HELLO

## LET US KNOW IF YOU NEED HELP

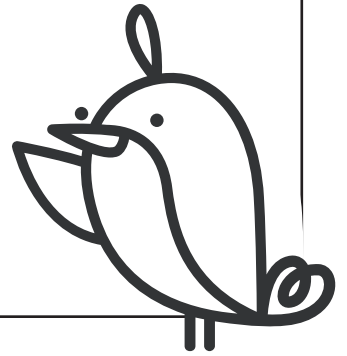
### **KNEEHILL REGIONAL FAMILY AND COMMUNITY SUPPORT SERVICES**

IF YOU AND YOUR FAMILY NEED HELP, PLEASE LET US KNOW.

- PICK UP GROCERIES / FOOD
- A FRIENDLY PHONE CALL
- URGENT SUPPLIES

**CALL 403-443-3800 AND WE'LL DO OUR BEST TO HELP.**

This new coronavirus is highly contagious. To ensure that we only spread kindness with each other, please take every precaution to avoid physical contact with others (keep 6 feet away), wash your hands with soap frequently, and follow other social-distancing direction given by the authorities.



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