



# May 2020

SENIORS OUTREACH ACTIVITIES SOUTH  
*Everyone Welcome for All Activities*

Call Seniors Outreach Office for more information:

**403-443-2555 or 1-888-443-2555** (Carbon and Area)

## Trochu Seniors Drop-In Centre

**Closed until further notice.**

**Seniors Outreach Trochu office**  
is closed until further notice.

Please contact the Three Hills office at the  
above number for an appointment.

### ***Upcoming Bus Trips:***

Cancelled until further notice.

## THREE HILLS CommUnity Drop In Centre

**Closed until further notice.**

## **MEALS ON WHEELS**

Do you need help with meals?  
Frozen Meals are available in all Kneehill  
Communities. Contact us for Menu and Cost.



## **LINDEN, CARBON, & ACME**

ALL events are cancelled until further  
notice.

**These Seniors Outreach local**  
**offices** are closed and will remain  
closed until further notice.

Please contact the Three Hills office at the  
above number for an appointment.

### **Three Hills Seniors Outreach Office Hours:**

***We can help with your gov't forms,  
questions, programs & support for seniors.***  
To make an appointment call (403 443-2555)

Please note the only Seniors Outreach  
office that is open: **Three Hills.**  
**Open 9am – 2pm Monday to Thursday.**  
We encourage people to call instead of  
dropping by as The Provincial Building is  
locked. We will try to assist you as much  
as possible over the phone unless it is  
absolutely necessary to see you in person.

It might be  
stormy now,  
but rain doesn't  
last forever